



DALLAS ELMENTARY SCHOOL

296 Harper Road Kamloops, B.C. V2C 4Z2 Phone: (250)573-3261 Fax: (250)573-3927

You are cordially invited to attend the 2009

KAMLOOPS ELEMENTARY SCHOOLS CROSS COUNTRY CHAMPIONSHIPS

Date: WEDNESDAY OCTOBER 9, 2013 at 3:00 PM

Location: DALLAS ELEMENTARY

- The course for grade 3/4 runners will be approximately 1.5 km.
- The course for grade 5/6/7 runners will be approximately 2.4 km.
- There will be placing ribbons awarded for 1st through 24th place in each race and participation ribbons for 25th to the last runner in each race.
- There will be no charge to schools for this competition.
- There will not be a team competition.

Order and times of races will be as follows:

3:00 – Instructions to participants
3:15 – Grade 7 Boys
3:25 – Grade 7 Girls
3:35 – Grade 3 Boys
3:45 – Grade 3 Girls
3:55 – Grade 6 Boys
4:05 – Grade 6 Girls
4:15 – Grade 4 Boys
4:25 – Grade 4 Girls
4:35 – Grade 5 Boys
4:45 – Grade 5 Girls

Thanks for your participation. We look forward to seeing you here!

