

Wed. Sept 25, 2013

Please join us at R.L.Clemitson for our

25th annual cross country run

“The Cliff Weathermon Cross-country Run”



- Parking is limited so please encourage car pooling.
- Todd Park, where the intermediate students start is where we will be directing drivers with older students. It is only a short walk away and has ample parking.

CROSS-COUNTRY RUNNING

The Cliff Weathermon Cross – Country Run

Where: R.L.Clemitson Elementary

When: Wed. Sept .25/13

Time: Instructions – 3:15 on the RLC field

Parking near the school is limited but there is room at Todd Park. NO parking on Highridge Drive where Grade 3 and 4 races are.

Start times:

Grade 7 B and grade 4 boys: 3:30

Grade 7 girls: 3:37

Grade 4 girls: 3:40

Grade 6 boys: 3:45

Grade 3 boys: 3:50

Grade 6 girls: 3:52

Grade 5 boys & Grade 3 girls 4:00

Grade 5 girls: 4:07

End of meet. Thanks for coming! 4:20

Grade 5 to 7 course is approximately 2.2 km and hilly. The grade 5 – 7 students will walk down to Todd park for their start.

Grade 3 and 4 course is approximately 1.4 km and hilly. The start is behind the school on Highridge Drive.

Place ribbons will be given from first to thirtieth. Participation ribbons will be given to all positions after 30th.

Race fees: \$20.00 per team or \$1.00 per runner if less than 20 runners. Please pay Cynthia Morrow or Andrew Clare. Cheques can be made out to RLC.