

September 13, 2013

To: All Cross Country Coaches and Teams

Re: Arthur Stevenson Invitational Cross Country Race

Date: Wednesday, October 2, 2013

Place: Westsyde Centennial Park

Start Schedule: (all times approximate)

Grade 3 - 3:25

Grade 4 - 3:40

Grade 5 - 3:55

Grade 6 - 4:15

Grade 7 - 4:25

Distance: 1.2 km to 1.8 km approx.

Race Description: The race starts in the park and students head through the field onto the dike. The trail then follows the dike before heading onto trails that follow the North Thompson River. The route eventually heads back onto the dike and into the park. The run starts and finishes in the same place for all grades (the grade 5 to 7 students run farther down the dike before turning onto the trail system and heading back toward the park).

Cost: \$15.00 per school

Please email Terri Hawkings at Arthur Stevenson (thawkings@sd73.bc.ca) if you have any questions or concerns.

See you on October 2nd!